



The Catholic Women's League of Canada

London Diocesan Council

To: All Parish Presidents, Spiritual Development Chairperson
CC: London Diocesan Council, Emma Rose Rayburn, OPC Chairperson
From: Joan Lobsinger, Spiritual Development Chairperson
Date: January 2022
Directive # 4

*“May we be in this world a ray of that **light** which shone forth from Bethlehem, bringing joy and peace to the hearts of all men and women.” - Pope Francis*

I hope you had a blessed Christmas and wish you all the best in 2022. The start of the new year also means the beginning of our new theme “Catholic and Living It”. Hopefully you have been able to distribute to your members the prayer cards received from National. It is now posted on their website so another option is to download it and share it electronically. <https://cwl.ca/new-theme-catholic-and-living-it/>

I stated in my first directive, my goal as Spiritual Development chair was to provide you with a rich faith filled experience and to grow spiritually with you. Although our spiritual reflection days have been put on hold due to the pandemic, I will try to share resources with you. One such resource is My Catholic Life! It presents the beauty and splendor of the Catholic faith in a down-to-earth and practical way. It has excellent materials for daily reflections, prayers and more that can be read independently or as a group. <https://mycatholic.life/>

I hope you have had a chance to look through the 100th Anniversary Prayer Booklet. I especially like the Prayer to Our Lady Before a Meeting found on page 7 and the Family Prayers found on pages 9 – 14.

In Bishop Fabbro’s Christmas message (<https://dol.ca/news/bishop-fabbros-christmas-message>) he reminds us that the Synod in 2022 will be different from those in the past as Pope Francis has declared he wants to engage lay people. I have registered for the information session (via Zoom) on the Synod in the Diocese of London on January 12th and look forward to this experience. You can read the preparatory document, For a Synodal Church: Communion, Participation, and Mission. <https://www.synod.va/en/documents/english-version-of-the-preparatory-document.html>

Upcoming Feast Days and Events:

January 31st – St. John Bosco

February 2nd – The Presentation of The Lord

February 22nd – The Chair of Saint Peter

March 4th – World Day of Prayer - prepared by the Women in England, Wales and Northern Ireland. The theme, “I Know the Plans I Have for You” based in Jeremiah 29: 1-14

Yours in Christ,
Joan